

UK PROGRAM SCHEDULE

FOR AGES 14-18

WEEK ONE

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ARRIVAL	UNDERSTANDING	CONFIDENCE	EXPLORATION	COMMUNICATION	EMPATHY	ACTION
8:30	Participants may arrive anytime on this day to London and our campus at Brookes United Kingdom (Flempton Rd, Risby, Bury Saint Edmunds).	BREAKFAST <ul style="list-style-type: none"> • Introductions and Facility Tour • What is Leadership? <i>Exploring and reimagining the concept of leadership</i> 	BREAKFAST <ul style="list-style-type: none"> • Comfort Zone activity • Home group meetings & games: <i>Getting to know your core group for the next two weeks!</i> 	BREAKFAST <ul style="list-style-type: none"> • Bury St Edmunds photo scavenger hunt: <i>Learn more about this historic town during this fast-paced group competition</i> 	BREAKFAST <ul style="list-style-type: none"> • Communication: <i>Learn more about how to communicate through a variety of challenges and discussion</i> • Growth Mindset 	BREAKFAST <ul style="list-style-type: none"> • Aliens Invade: <i>Practice creativity, problem solving, and presentation skills in this team challenge</i> 	BREAKFAST <ul style="list-style-type: none"> • Goal setting 1: <i>Set goals to achieve during the program!</i> • Service Challenge: <i>Develop and lead projects that create real impact in just a few hours!</i>
12:00	Pre-arranged pick-up at London Heathrow Airport (LHR), London Stansted Airport (STN), or the Cambridge Train Station is included in the tuition.	LUNCH <ul style="list-style-type: none"> • Cultural competency • Leadership in action: <i>Show your commitment and determination!</i> 	LUNCH <ul style="list-style-type: none"> • Go Ape Treetop! <i>Challenge your comfort zone at a high ropes course up in the trees!</i> 	LUNCH <ul style="list-style-type: none"> • Free time & shopping in Bury St Edmunds • Issues Around Us: <i>What issues motivate you to take action?</i> 	LUNCH <ul style="list-style-type: none"> • Ballroom Dancing: <i>Build trust and leadership skills!</i> • Service Challenge planning 	LUNCH <ul style="list-style-type: none"> • Global Citizenship: <i>Exploring what it means to be a responsible member of our global community</i> 	LUNCH <ul style="list-style-type: none"> • Service Challenge, continued • SWOT Analysis
17:30	Upon arrival, participants are checked-in, introduced to the campus, and have open activities and meals provided.	DINNER <ul style="list-style-type: none"> • Get-to-know-you games • Dorm rules meetings & dorm decorating 	DINNER <ul style="list-style-type: none"> • My Mask: <i>Creatively expressing our strengths and insecurities</i> 	DINNER <ul style="list-style-type: none"> • Service Challenge introduction • Evening activities 	DINNER <ul style="list-style-type: none"> • Cultural exchange night: <i>An opportunity for students to share their cultures in unique ways!</i> 	DINNER <ul style="list-style-type: none"> • Prepare for Service Challenge • Evening activities 	DINNER at the park <ul style="list-style-type: none"> • Large group games • Evening activities
22:00		LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT

* Schedule subject to change*

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UK PROGRAM SCHEDULE

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**WEEK
TWO**

	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	REFLECTION	DETERMINATION	MOTIVATION	COLLABORATION	VISION	APPRECIATION	DEPARTURE
8:00	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	<ul style="list-style-type: none"> Stratford-upon-Avon: Visit the quaint town where Shakespeare's was born! 	<ul style="list-style-type: none"> Teamwork Olympics: Work together to complete challenges and gain points 	<ul style="list-style-type: none"> Intro to DREAM Project: Student-led projects combining your unique passions and skills to make a positive impact! 	<ul style="list-style-type: none"> Problem Solving DREAM Project development + one-on-one coaching sessions 	<ul style="list-style-type: none"> DREAM Project development How to communicate your vision: Learn strategies and tools for compelling and confident presentations 	<ul style="list-style-type: none"> DREAM Project presentation practice sessions DREAM Project presentations in home groups 	Pre-arranged drop-offs at London Heathrow Airport (LHR), London Stansted Airport (STN), or the Cambridge Train Station are included in the tuition.
12:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	<ul style="list-style-type: none"> Warwick Castle: Visit this famous medieval castle built in 1068! 	<ul style="list-style-type: none"> Building Challenge: Combine design skills, strategy, and teamwork to win! 	<ul style="list-style-type: none"> Cambridge: Exploring and shopping in the iconic university city! 	<ul style="list-style-type: none"> SHARE projects: Collaborate to share what you've learned at GLA Free time activities 	<ul style="list-style-type: none"> Giving Effective Feedback + peer project feedback sessions Free time activities 	<ul style="list-style-type: none"> Top Senior DREAM Presentations Group reflections 	Best of England tour Your tour starts today! (See tour schedule)
17:30	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
	<ul style="list-style-type: none"> Evening activities 	<ul style="list-style-type: none"> Uncovering our passions & values Evening activities 	<ul style="list-style-type: none"> Goal setting 2: Practical tools and methods to set goals you will achieve! Evening activities 	<ul style="list-style-type: none"> DREAM Project development Talent Show 	<ul style="list-style-type: none"> DREAM Project presentation development Evening activities 	<ul style="list-style-type: none"> Graduation ceremony Celebration dance! 	
22:00	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT

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