

GLOBAL LEADERSHIP ACADEMY

2024 

CANADA PROGRAM SCHEDULE SENIOR

FOR AGES 15-18



WEEK ONE

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ARRIVAL	UNDERSTANDING	CONFIDENCE	DEDICATION	COMMUNICATION	EXPLORATION	CONTRIBUTION
8:30		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Participants may arrive anytime on this day to Victoria and our campus at Brookes Westshore (1939 Sooke Rd, Victoria).	<ul style="list-style-type: none"> • Introductions and Facility Tour • What is Leadership? Reflections and discussions 	<ul style="list-style-type: none"> • Comfort Zone activity • Challenging your comfort zone at a high ropes course 	<ul style="list-style-type: none"> • Service-learning trip: Giving back to the Victoria community through volunteering 	<ul style="list-style-type: none"> • Interpersonal communication games & discussion • Service Challenge introduction 	<ul style="list-style-type: none"> • Explore Downtown Victoria with a photo scavenger hunt! 	<ul style="list-style-type: none"> • Service Challenge: Raise money or spread awareness for a cause you care about
12:00	Pre-arranged pick-up at Victoria International Airport (YYJ) or the Swartz Bay Ferry Terminal to campus is included in the tuition.	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	Upon arrival, participants are checked-in, offered a meal and introduced to the campus.	<ul style="list-style-type: none"> • Cultural understanding • Leadership principles in action: physical challenge 	<ul style="list-style-type: none"> • Wildplay debrief • Home group meetings & games • Free time activities 	<ul style="list-style-type: none"> • Gratitude session • Inspiring guest speaker 	<ul style="list-style-type: none"> • AcroYoga • Large group game • Service Challenge planning 	<ul style="list-style-type: none"> • Free time and shopping in Downtown Victoria 	<ul style="list-style-type: none"> • Service Challenge (continued) • SWOT Analysis
17:30		DINNER	DINNER	DINNER	DINNER	DINNER	DINNER at the park
		<ul style="list-style-type: none"> • Get-to-know-you games • Dorm rules meetings & dorm decorating 	<ul style="list-style-type: none"> • Personal strengths reflective activity • Girls night / Boys night 	<ul style="list-style-type: none"> • Evening at the pool: Let's hang out, swim, and have fun! 	<ul style="list-style-type: none"> • Prepare for cultural exchange night • Cultural exchange night! 	<ul style="list-style-type: none"> • Service Challenge preparations • Evening free time 	<ul style="list-style-type: none"> • Butchart Gardens & fireworks show
22:00		LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT

* Schedule subject to change*

Learn more about our transformative youth leadership programs and apply online at

WWW.POWERFULYOUTH.COM

FACEBOOK: PowerfulYouthGLA
 INSTAGRAM: @powerfuleyouthleadership
 EMAIL: info@powerfuleyouth.com

GLOBAL LEADERSHIP ACADEMY

2024 

CANADA PROGRAM SCHEDULE SENIOR

FOR AGES 15-18



WEEK TWO

	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	REFLECTION	INVESTIGATION	DETERMINATION	COLLABORATION	MOTIVATION	CELEBRATION	DEPARTURE
8:00	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	<ul style="list-style-type: none"> Reflection exercises Short hike to the waterfalls Shopping at a local crafts & food market 	<ul style="list-style-type: none"> Identifying our passions & values Identifying the issues around us 	<ul style="list-style-type: none"> Teamwork Olympics: Work together to complete challenges and gain points 	<ul style="list-style-type: none"> Critical thinking Dream Project work block & one-on-one coaching sessions 	<ul style="list-style-type: none"> How to share your vision Dream Project presentation development 	<ul style="list-style-type: none"> Presentation practice session Dream Project presentations 	<ul style="list-style-type: none"> Departures by plane from Victoria International Airport (YYJ) throughout the day Departures by ferry from Swartz Bay Ferry Terminal (to Vancouver area) throughout the day
12:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	<ul style="list-style-type: none"> Rath Trevor Provincial Park: games and swimming at the beach 	<ul style="list-style-type: none"> Inspiring guest speaker Dream Project introduction Free time activities 	<ul style="list-style-type: none"> Building Challenge: Combine design skills, strategy, and teamwork to win! Free time activities 	<ul style="list-style-type: none"> Collaboration Day: Share what you've learned! Visit Hatley Castle & Gardens 	<ul style="list-style-type: none"> Giving Effective Feedback Peer feedback sessions Free time activities 	<ul style="list-style-type: none"> Junior Leadership Timeline Gallery Walk Top DREAM Presentations Gratitude reflections 	<p>Best of BC tour Your tour starts today! (See schedule)</p>
17:30	DINNER at the beach	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
	<ul style="list-style-type: none"> Games and time to relax by the ocean 	<ul style="list-style-type: none"> Goal setting Evening activities 	<ul style="list-style-type: none"> Dream project work block Evening activities 	<ul style="list-style-type: none"> Dream project work block Talent Show! 	<ul style="list-style-type: none"> Dream project work block Evening activities 	<ul style="list-style-type: none"> Graduation ceremony Celebration dance! 	
22:00	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT

* Schedule subject to change*

Learn more about our transformative youth leadership programs and apply online at

WWW.POWERFULYOUTH.COM

FACEBOOK: PowerfulYouthGLA
 INSTAGRAM: @powerfuleyouthleadership
 EMAIL: info@powerfuleyouth.com