

	<b>Day 1 ARRIVAL</b>	<b>Day 2 UNDERSTANDING</b>	<b>Day 3 CONFIDENCE</b>	<b>Day 4 DEDICATION</b>	<b>Day 5 COMMUNICATION</b>	<b>Day 6 CONTRIBUTION</b>	<b>Day 7 DETERMINATION</b>
<b>8:30</b>	Participants may arrive anytime on this day to London and our campus at Brookes United Kingdom (Flempton Rd, Risby, Bury Saint Edmunds).	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>• Introductions and Facility Tour</li> <li>• What is Leadership? Reflections and discussions</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>• Comfort Zone activity</li> <li>• Challenging your comfort zone at a high ropes course</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>• Service-learning trip: Giving back to the community through volunteering</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>• Interpersonal communication games &amp; discussion</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>• Service Challenge: raise money and awareness for a cause you care about!</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>• Teamwork Olympics: Work together to complete challenges and gain points!</li> </ul>
<b>12:00</b>	Pre-arranged pick-up at London Heathrow Airport (LHR), London Stansted Airport (STN), or the Cambridge Train Station is included in the tuition.	<b>LUNCH</b> <ul style="list-style-type: none"> <li>• Cultural understanding</li> <li>• Get-to-know-you-games</li> </ul>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>• High ropes course debrief</li> <li>• Home group challenge</li> <li>• Free time activities</li> </ul>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>• Gratitude session</li> <li>• Service challenge introduction</li> </ul>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>• Ballroom dancing</li> <li>• Large group challenge</li> </ul>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>• Visit Bury Saint Edmunds Abbey</li> <li>• Exploring/shopping in Bury Saint Edmunds</li> </ul>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>• Building Challenge: Combine design skills, strategy, and teamwork to win</li> </ul>
<b>17:30</b>	Upon arrival, participants are checked-in, offered a meal and introduced to the campus.	<b>DINNER</b> <ul style="list-style-type: none"> <li>• Empathy &amp; privilege activities</li> <li>• Dorm rules meetings &amp; dorm decorating</li> </ul>	<b>DINNER</b> <ul style="list-style-type: none"> <li>• Personal strengths reflective activity</li> <li>• Girls night / Boys night</li> </ul>	<b>DINNER</b> <ul style="list-style-type: none"> <li>• Service challenge preparation</li> <li>• Evening activities</li> </ul>	<b>DINNER</b> <ul style="list-style-type: none"> <li>• Service Challenge preparation</li> <li>• Evening activities</li> </ul>	<b>DINNER</b> <ul style="list-style-type: none"> <li>• SWOT Analysis</li> <li>• Cultural exchange night planning</li> </ul>	<b>DINNER</b> <ul style="list-style-type: none"> <li>• Cultural exchange night: share your culture with other participants!</li> </ul>
<b>22:00</b>		<b>LIGHTS OUT</b>	<b>LIGHTS OUT</b>	<b>LIGHTS OUT</b>	<b>LIGHTS OUT</b>	<b>LIGHTS OUT</b>	<b>LIGHTS OUT</b>

*\* Schedule subject to change\**

Learn more about our transformative youth leadership programs and apply online at

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 EMAIL: info@powerfuleadership.com

	Day 8 <b>REFLECTION</b>	Day 9 <b>INVESTIGATION</b>	Day 10 <b>EXPLORATION</b>	Day 11 <b>COLLABORATION</b>	Day 12 <b>MOTIVATION</b>	Day 13 <b>CELEBRATION</b>	Day 14 <b>DEPARTURE</b>
<b>8:30</b>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>Travel to Stratford-Upon-Avon (birthplace of Shakespeare)</li> <li>Reflection exercises</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>Identifying our passions &amp; values</li> <li>Identifying the issues around us</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>Dream Project work block</li> <li>Travel to Cambridge</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>Collaboration Day: Use your talents to share what you've learned!</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>Effective Presentations</li> <li>Dream Project presentation work block</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>Dream Project final preparations</li> <li>Dream Project presentations in home groups</li> </ul>	<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>Departures by plane from London Heathrow Airport (LHR) and London Stansted Airport (STN)</li> <li>Departures by train from Cambridge Train Station</li> </ul>
<b>12:00</b>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>Explore the famous Warwick Castle</li> </ul>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>Dream Project introduction: develop your plan to make real change</li> </ul>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>Exploring and shopping in Cambridge</li> </ul>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>Sharing your vision</li> <li>Dream Project work block</li> <li>Free time activities</li> </ul>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>Giving effective feedback</li> <li>Dream Project peer feedback session</li> <li>Free time activities</li> </ul>	<b>LUNCH</b> <ul style="list-style-type: none"> <li>Top DREAM Presentations</li> <li>Reflective Activities</li> </ul>	<b>Best of England tour</b> Your tour starts today! (See schedule)
<b>17:30</b>	<b>SUNDAY ROAST</b> <ul style="list-style-type: none"> <li>Return to campus</li> </ul>	<b>DINNER</b> <ul style="list-style-type: none"> <li>Critical thinking</li> <li>Evening activities</li> </ul>	<b>DINNER</b> <ul style="list-style-type: none"> <li>Goal setting</li> <li>Evening activities</li> </ul>	<b>DINNER</b> <ul style="list-style-type: none"> <li>Talent Show!</li> </ul>	<b>DINNER</b> <ul style="list-style-type: none"> <li>Evening activities</li> </ul>	<b>DINNER</b> <ul style="list-style-type: none"> <li>Graduation Ceremony</li> <li>Celebration dance!</li> </ul>	
<b>22:00</b>	<b>LIGHTS OUT</b>	<b>LIGHTS OUT</b>	<b>LIGHTS OUT</b>	<b>LIGHTS OUT</b>	<b>LIGHTS OUT</b>	<b>LIGHTS OUT</b>	

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