

## PROGRAM SCHEDULE



8:00	SUNDAY ARRIVAL	MONDAY ORIENTATION  BREAKFAST	TUESDAY CONFIDENCE BREAKFAST	WEDNESDAY DEDICATION BREAKFAST	THURSDAY COMMUNICATION BREAKFAST	FRIDAY EXPLORATION  BREAKFAST	SATURDAY CONTRIBUTION BREAKFAST
0.00	Participants may arrive anytime on this day. Pick-up at Victoria International Airport (YYJ) or the Swartz Bay Ferry Terminal to campus is included in	<ul> <li>Introductions and Facility Tour</li> <li>Set up individual digital portfolios</li> <li>Cultural understanding</li> </ul>	<ul> <li>Challenging your comfort zone: Wildplay High Rope Course</li> </ul>	<ul> <li>Service-learning trip (community volunteering)</li> </ul>	<ul> <li>Interpersonal communication</li> <li>What is Creativity?</li> </ul>	• Visit award-winning Royal BC Museum (natural history)	Kindness Challenge: spreading kindness in the local community
12:00	the tuition.	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	Upon arrival, participants are checked-in, offered a meal and introduced	<ul> <li>What is Leadership?</li> <li>Short outdoor hike</li> <li>Get-to-know-you games</li> </ul>	<ul> <li>Wildplay debrief</li> <li>Group challenges</li> <li>Organized free time activities</li> </ul>	Service learning debrief     Return to campus     Critical Thinking	<ul> <li>Learning leadership through AcroYoga</li> <li>Organized free time activities</li> </ul>	• Exploring and shopping in Downtown Victoria	<ul><li>SWOT Analysis</li><li>Organized free time activities</li></ul>
17:30	to the campus.	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
		Empathy and privilege     Dorm rules meetings     & dorm decorating	<ul> <li>Inspiring Guest Speaker</li> <li>Girls night / Boys night</li> </ul>	• Pool night	<ul> <li>Kindness Challenge planning</li> <li>Cultural exchange night</li> </ul>	Design Thinking     Large group game	Off-campus evening group activity
22:00		LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT

<sup>\*</sup> Schedule subject to change\*



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Learn more about our transformative youth leadership programs online:

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INSTAGRAM: @powerfulyouthleadership
EMAIL: info@powerfulyouth.com



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	SUNDAY REFLECTION	MONDAY INVESTIGATION	TUESDAY DETERMINATION	WEDNESDAY COLLABORATION	THURSDAY MOTIVATION	CELEBRATION	SATURDAY DEPARTURE
8:00	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	<ul><li> Qualicum Falls: Hike</li><li>&amp; reflect</li><li> Coombs Market</li></ul>	<ul> <li>Identifying our passions &amp; values</li> <li>Identifying the issues around us</li> </ul>	<ul> <li>Goal setting</li> <li>Teamwork Olympics:         Work together to         complete challenges         and gain points</li> </ul>	Collaboration Day: Use your talents to share what you've learned!	How to share your vision     Design Thinking Project presentation work block	<ul> <li>Design Thinking Project final preparations</li> <li>Group presentations</li> <li>Leadership Timelines individual presentations</li> </ul>	GLA  Departures by plane: Victoria International Airport (YYJ)  Departures by ferry
12:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	(to Vancouver): Swartz Bay Ferry Terminal
	Rathtrevor Provincial Park: relax and swim at the beach	Design Thinking     Project introduction:     Use design thinking     to solve the global     issues you care about	<ul> <li>Building Challenge: Combine design skills, strategy, and teamwork to win</li> </ul>	Leadership Timeline:     Reflect on your     leadership journey     from past to future!     Visit Hatley Castle	<ul> <li>Leadership Timeline work block</li> <li>How to give feedback</li> </ul>	Leadership Timeline     Gallery     Watch top Senior GLA     DREAM Presentations     Reflective Activities	GLA + Best of BC tour Your tour starts today! (See schedule)
17:30	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
	• Drive back to campus	<ul><li>Inspiring guest speaker</li><li>Large group game</li></ul>	<ul><li>Tie-dye</li><li>Movie Night</li></ul>	• Talent Show!	Organized free time activities	<ul> <li>Graduation Ceremony</li> <li>Celebration dance!</li> </ul>	
22:00	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	

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