Passions to Actions
Big Questions of the Day

- What are my passions and values?
- What issues spark action within me?
- How can I transform my passions and values into action?
Passions

What are 10 things you like to do, or things you are interested in?

Don’t think about it too much... these are the things you would do on your dream day, or that you do whenever you get the chance!

I like to play basketball with my friends

I like to learn about coding and make apps
Choose your top 5 passions, and then consider down the ‘why’ behind them. Why do you enjoy this? Why do you choose doing this over other things? How does it make you feel? Write down your top 5 passions and their ‘why’.

I like to play basketball with my friends because I can see myself improving, I like to win, and it is social time.

I like coding because there is always something new to learn and I enjoy creating apps.
Your Values, Your ‘Why’

The reason WHY you love something shows your values. Look at the list of values and find 3+ values that relate to each of ‘why’ statements about your top 5 passions.

I like to play basketball with my friends because I can improve, I like to win, and it is social

→ **Values:** achievement, competition, winning, teamwork, friendship

I like coding because there is always something new to learn and I enjoy creating apps

→ **Values:** curiosity, creativity, learning, organization, task focus, innovation
Your Values, Your ‘Why’

Circle all the values you identified from your passions on the values list, and then consider if there are any other values on the list that are of high importance to you and circle them too.

Consider your new narrowed-down list, and identify your top 5 values.
Your Values, Your ‘Why’: the Golden Circle

Simon Sinek: Start with WHY (TedTalk)

Your Values, Your ‘Why’: the Golden Circle

What do you think?
Your Values, Your ‘Why’: the Golden Circle

Understanding and starting from your why...

➔ helps you choose the right path for you
➔ keeps you motivated
➔ attracts like-minded people to join you
➔ makes it easier to gain support, achieve goals, and succeed!
Changemaking

Anyone can be a leader and make change in their community!

Understanding your passions, values, and skills is important, but so is understanding the problems out there and what you care about...

- Your Passions
- (Values)
- What the world needs
- Your skills and resources
Issues Around Me: Mind Map

What problems do you see around you?

Create a mind map of key issues facing your communities.

- school community
- local community
- national community
- global community
Issues Around Me: Reflection

Which of these issues do you feel the most passionate about right now? Choose 5 issues from your mind map that you feel most strongly about.

Tip: Refer back to your list of values. Issues that we feel connected to often relate to the values we hold strongly.

- eg. if you value creativity -> lack of arts funding at your school
- eg. if you value empathy -> issues facing marginalized groups
- Eg. if you value safety/security -> natural disasters due to climate change
... into Action: Next Steps

Complete your Changemaking diagram worksheet by adding in some of your skills and resources you have access to.

➔ This will help you better understand what you can do to address your issues of interest with the passions, values, skills, and resources you have RIGHT NOW.

Reflection: What types of action (volunteer work, projects, service initiatives, ...) would fit in to your unique center of the diagram?
For more resources and to learn more about our experience based leadership programs for international youth...

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